Values Activity

Read over the list of values (on the back) and choose 3 that you can answer yes to each of the questions below. If you can answer yes to these questions when considering each value, you will know that they are essential, universal and personal for you.

Essential: Feels as though you can't live without them
Universal: Means they apply everywhere
Personal: Based on your own life experiences

Questions to help you identify your core values

- If I began a new business outside of the early childhood field, would I build it around this core value?
- Would you want your organization to hold onto this core value, even if it caused a competitive disadvantage?
- Do you believe that those who do not share this core value - those who breach it consistently - simply do not belong in your organization?
- Would you personally continue to hold this core value even if you were not rewarded for holding it?
- If you woke up tomorrow with more than enough money to retire, would you continue to apply this core value to your life?

My Top Three Core Values

Value 1:

Value 2:

Value 3:

Follow up with these reflections:

What does this value mean to me?
What do I do that is consistent with this value?
What does this value look like in action?
What do I do that is inconsistent with this value?
What happens at work that is inconsistent with this value?

List of Values

A

Accomplishment
Appreciation
Authenticity

B

Balance
Bravery

C

Candidness
Collaboration
Compassion
Connection
Curiosity

D

Daring
Dedication
Dependability
Determination

E

Enthusiasm
Ethical
Equality
Equitability
Excellence

F

Fairness
Fearlessness
Forgiveness
Friendliness
Fun

G

Generosity

Good
Gracious
Gratitude

H

Happy
Helpfulness
Honesty
Honourable
Hopeful
Humility

I

Imagination
Integrity
Intelligence

J

Joy
Justice

K

Kindness
Knowledge

L

Learning
Love
Loyalty

M

Meaningfulness

N

Neatness
(Being) Nurturing

O

Obedience
Objectivity
Openness
Opportunistic
Optimism
Organization
Originality

P

Persistence
Politeness
Professionalism

R

Reflectiveness
Resourcefulness
Responsiveness
Respect

S

Strength
Stability

T

Trust
Truthfulness

U

Unity

V

Virtuous
Vulnerability

W

Wisdom